



LUCID MOVES SEASON 4 PACKAGE

OCT 2019 to OCT 2020



Junior (Under 13) and Senior (Over 13)





LUCID MOVES

Lucid Moves is a Street Dance & Hip-hop company based around the 4 pillars of hip-hop; peace, love, unity and fun. Located in Capalaba, Brisbane – we provides crew programs, training programs and casual classes.

In season 4, our 2020 program, we want to focus on the development and growth of dancers to move them up into the high levels of our program. To do this we have changed our programs and now will be offering different packages and levels to suit everyone's commitments and needs within our community.

On top of this we are excited to announce that we will be hosting two shows over 2020 and have our elite teams focusing on HHI, Upgrade DC, Battlegrounds and more.

This document outlines our new packages for both our Junior and Senior Program and the training it entails at all levels. Please read it carefully and if you have any questions please feel free to ask.

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2020 OVERVIEW

Megacrew (15-40 Dancers):

LM Kids (14 and Under), Lucid Moves (15 and Over)

Development Crews (5-14 Dancers):

LM MiniCru, Little Gs, Lucid Varsity, Lucid Opens

Elite Crews (5-9 Dancers):

PrimeFX, LockednLoaded, Camisado, Perception

Program:

Master class, Foundation and Hip-hop Technique Class, Gym, Elite Training.

(Please note this may change after auditions based on number of dancers and the levels chosen)

SEASON 4 TIMETABLE

A big part of joining the Lucid program is commitment. It is SUPER IMPORTANT that dancers attend all training sessions they are apart of, even it its just development. This ensures that the team and the studio are all developing and leaning the same knowledge every week. In Season 4 attendance will be tracked and missing to many trainings may result in your placement in the program being removed.

With that being said we understand that for many of the members of our community your weeks are CRAZY, driving kids everywhere or coming straight from work/school. We have listened to everyone's feedback and are trying to make our timetable based on this – however there is currently 85 crew dancers in lucid and it is impossible to make a perfect timetable for everyone.

Our Season 4 Timetable will be release after auditions with your package. We have spent hours trying to work something out however until we get actual numbers and teams we cannot give any definite times.

MEMBERSHIP AND PAYMENT

Membership: \$120 with Lucid Shirt or \$100 without Lucid Shirt

Membership helps the studio cover music licences, insurances, admin fees, music mixing and online systems.

Payment: We will continue to use Pysmart in Season 4 and will make this mandatory for all lucid dancers (no more direct payment into bank account). This keeps our bookkeeping and systems up to date and in order.

Unlike term 3 we will require EVERYONE, new and old, dancers to set up PaySmart and pay membership before commencing in term 4.

Throughout this package all prices INCLUDE gst.

JUNIOR PROGRAM

4 to 13 Years of Age

Auditions happening on 13th and 15th Oct 4-5:30pm. Please arrive 15 minutes early to fill in dancer form and warm up. We will split up the group into two ages groups: 9&Under and 10-13 Years old. Auditions are just run like a class – dancers will learn a dance and do it in groups at the end where we will film it.

Development Level

For dancers that cant commit to a team, the competitions or unfortunately don't make a team – this class is for them.



Class	Desc.	Commitment
Kids Development (7-10 Yrs) \$10 30mins	This class is to help grow and develop our dancers that love to dance – teaching foundations, groove, execution, character, and musicality.	Termly based for non crew dancers (8-10weeks)
Primaray Development (10-13) \$10 45mins	This class is to help grow and develop our dancers that love to dance – teaching foundations, groove, execution, character, and musicality.	Termly based for non crew dancers (8-10weeks)

Junior Crews

LM MINICREW - \$27.5/week

(4-8 Yrs Old – 5to14 Dancers – Development Level)

Mini Cru Crew Training	Training where the dancers learn their routine, position the set and polish the dance for stage.	45mins
3-6 or 6-9 Rec Class	Dancers get to join in on the recreational class for their age to help develop their dance abilities.	30 or 45 mins

PLANNED COMPETITIONS: Both Lucid Shows, ADCC, Battlegrounds, Rumble.

LittleG's - \$33/week

(7-10 Yrs Old – 5to14 Dancers – Development Level)

LittleG's Crew Training	Training where the dancers learn their routine, position the set and polish the dance for stage.	60 Minutes
Kids Development	This class is to help grow and develop our dancers that love to dance – teaching foundations, groove, execution, character, and musicality.	30 Minutes
6-9 or 9-13 Rec Class	Dancers get to join in on the recreational class for their age to help develop their dance abilities.	45 Minutes

PLANNED COMPEITIONS: Both Lucid Shows, ADCC, BattleGrounds, UpgradeDc, Rumble**PrimeFx - \$40/week**

(10-13 Yrs Old – 5to9 Dancers – Elite Level)

PrimeFx Crew Training	Training where the dancers learn their routine, position the set and polish the dance for stage.	75 Minutes
Primary Development	This class is to help grow and develop our dancers that love to dance – teaching foundations, groove, execution, character, and musicality.	45 Minutes
9-13 Rec Class	Dancers get to join in on the recreational class for their age to help develop their dance abilities.	45 Minutes

PLANNED COMPETITIONS: Both Lucid Shows, HHI, Upgrade DC, Battlegrounds, Rumble – National Travel if they are invited.**Megacrew Add-on**

LM Kids +\$10/week	Our NEW Junior Megacrew to showcase our talented kids. Ages 6-14 – 15 to 40 dancers.	75 Minutes
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*** To be apart of the megacrew dancers must at least be apart of the Kids/Primary Development.**

SENIOR PROGRAM

Base Level - \$35/week

(13+ Dancers – 4 Hours/week)

Masterclass	Every week lucid gets a professional teacher to share their knowledge and passion with lucid.	90 Minutes
Foundation an Hip-hop Technique	A class where studio will learn the foundations of hiphop and street dance; Breaking, Popping, Krump, Locking, Waacking, House, etc.	60 Minutes
Megacrew	Either Lucid Moves or LM Kids based on age and levels	90 Minutes

Intermediate Level - \$45/week

(13+ Dancers – 6.5 Hours/week)

Includes the Base level above plus...

Development Teams	Based on dancers age and level – these team focus is to develop dancers while still giving the opportunity to perform and compete throughout the year.	90 Minutes
Gym	Through our partnership with Velocity Fitness and Health our dancer train at the gym in a customised group class to build explosiveness, muscle control and body understanding.	60 Minutes

Elite Level - \$55/week

(13+ Dancers – 9 hours/week)

Includes the Base Level and Gym

Elite Crew (5-9 Members)	Our Elite levels crew focused on killing competitions and levelling up over the year. These teams have 100% commitment and are pushing to do their best.	180 Minute
Elite Training	A special training program designed by Rhys to push dancers to the next level and challenge their creativity, body movement, mentality and everything dance.	90 Minutes

*Dancer who don't make an elite crew but would like to join elite training will cost +\$5 on top of intermediate package.

GROWING DANCERS WITH LOVE

We are super excited to release this new program to our community. For us this is the next step for lucid and we cant wait to see the growth it bring to our dancers, both old and new.

If anyone has any questions please feel free to get in contact
admin@lucidmoves.com.au - is our best form of communication.

Stay up to date with lucid by following our socials:

Instagram - @lucid_moves
Facebook – Lucid Moves Dance Network
YouTube – Lucid Moves

We look forward to seing our family grow in season 4 and pushing our dancers to the next level.

